

The Optometric Eye Site

Contact Lens Disclosure

As with any drug or medical device, the use of daily wear or extended wear contact lenses is not without risk. A small, but significant, percentage of individuals using daily wear or extended wear contact lenses can develop potentially serious complications, which may lead to permanent eye damage.

If you have any of the following unexpected symptoms, remove your contact lenses immediately and make arrangements to see your eye care professional before wearing contact lenses again.

- EYE PAIN OR REDNESS
- WATERING OF THE EYE OR DISCHARGE
- CLOUDY OR FOGGY VISION
- DECREASE IN VISION OR
- INCREASED SENSITIVITY TO LIGHT

As explained at the time of your visit, it is of the utmost importance that you return to your prescribing doctor for **ALL FOLLOW-UP CARE**.

It is imperative that you remove your daily wear contact lenses every night for cleaning and disinfection.

Regular inspection by an optometrist or ophthalmologist is important to evaluate your eyes' tolerance to any and all contact lenses.

Instructions:

- **Patient must replace lens every _____ days**
- **Do not sleep in contacts lenses**
- **Do not swim in contact lenses**
- **Follow- up in one week**
- **Go to the emergency room for any after-hours problems but still call your Doctor**
- **Call with any questions or concerns**

Notes:

- Patient was trained in proper insertion and removal technique
- Patient was given a business card

By my signature, I acknowledge that I have received a copy of this document and will comply with recommended follow-up instructions.

Printed Name: _____

Date: _____

Signature: _____